

Enhanced Premium Tax Credits Through the Inflation Reduction Act Ensure Access to Affordable Coverage for Rural Areas

- Nearly 93,000 Californians residing in rural areas receive premium tax credits to pay for their marketplace coverage.
- These enrollees will see monthly premiums increase by an average of \$165 if the enhanced tax credits are not extended.
- Counties with the largest shares of rural enrollees will see some of the largest increases in premiums, on average more than doubling

The Inflation Reduction Act of 2022 (IRA) substantially increased the affordability of coverage available through the health insurance marketplaces created under the Patient and Protection Affordable Care Act (ACA). Passage of the Inflation Reduction Act resulted in record enrollment by:

- Increasing the amount of premium assistance for all consumers eligible to receive advanced premium tax credits (APTCs),
- Offering high-value plans with \$0 net premiums for the marketplace's lowest income consumers, and
- Eliminating the "subsidy cliff" for middle-income consumers above 400 percent of the federal poverty level (just over \$62,600 for individuals), who were previously ineligible for premium assistance.

Since the introduction of enhanced premium tax credits through the American Rescue Plan Act in 2021, enrollment in the marketplaces nationwide has grown significantly, from 12 million enrollees in 2021 to over 24 million enrollees in 2025.^{1,2}

Among subsidized Covered California enrollees, 6% or 92,690 members live in rural zip codes, a level proportional to the statewide population.³ Among California's 58 counties, 22 have 75% or more enrollees living in predominantly rural areas. Members living in rural counties receive \$891 in premium tax credits on average, higher than those living in urban areas (\$635).⁴

Set to expire at the end of 2025, the loss of the enhanced tax credits would lead to substantial increases in monthly premium costs for marketplace enrollees. The loss of extra savings disproportionally impacts enrollees residing in rural areas, affecting regions that already face more barriers to accessing care and higher pandemic and post-pandemic price increases. 5,6,7

This brief is part of a series outlining the premium changes that would result from the expiration of enhanced premium tax credits for California's marketplace enrollees. All briefs in the series, in addition to a datasheet with a more comprehensive breakdown of premium changes, are available on Covered California's website.



I was panicking [about the cost of health insurance], I don't make a lot of money...I figured I would qualify for a subsidized plan, I didn't realize it would be basically the entire premium.

-James, a Covered California enrollee and security guard from Siskiyou County. Without the enhanced tax credits, James could see his monthly premium payments increase by \$180, or over \$2,100 annually.



Average Monthly Premiums Without the Extension of Enhanced Premium Tax Credits - Urban vs. Rural Enrollees



Premiums shown are a net of Affordable Care Act or Inflation Reduction Act tax credits, estimated based on Covered California 2026 rates and plan choice data.

	Rural	Urban	Total
Avg. Annual Household Income	\$63,039	\$58,146	\$58,417
Enrollees	92,690	1,577,930	1,670,610
Share of All Enrollees	6%	94%	100%

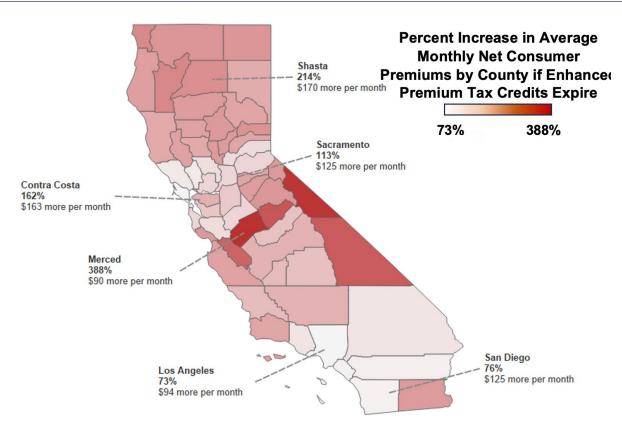
Premiums Will Increase Disproportionately for Rural Consumers

Enrollees residing in rural areas will be more impacted by the expiration of enhanced tax credits than consumers residing in urban areas. Overall, nearly 93,000 individuals living in rural areas will see monthly premiums increase by an average of \$165 (or 162%), compared to increases of \$123 (or 94%) for individuals living in urban areas.

Largest Increase in Premiums Concentrated in Northern Counties

Northern and Eastern California regions are expected to see average monthly premium increases of 191% and 236% respectively if enhanced tax credits expire, about double the state average of 97%. The counties with the highest percentage increases in premiums also have higher rural enrollee populations: 64% of enrollees in the Northern California region and 24% of enrollees in the Eastern California region live in rural areas, compared to the state average of 6%. For instance, nearly all Covered California enrollees in Humboldt County live in rural areas. An older couple, both aged 55, living in Humboldt County and jointly earning about \$85,000 annually would see household monthly premiums increase from \$601 to \$2,921 for the benchmark Silver plan. This represents monthly increases of \$2,320, or \$27,840 more per year. The same couple living in Los Angeles County would see premiums increase from \$601 to \$1,615—\$1,306 less for the second-lowest cost silver plan when compared to Humboldt County.





Premiums shown are net of tax credits, estimated based on Covered California 2026 rates and plan choice data.

Renewing Federal Subsidies Will Support Coverage Affordability for Financially Vulnerable Communities

The enhanced subsidies have had a dramatic impact on coverage affordability across the nation and in California, leading to higher enrollment increases in rural communities. Without extension of these subsidies beyond 2025, access to affordable health coverage and care will be at risk for communities that are already financially vulnerable.

"[My coverage through Covered California] is working out great because of the financial assistance...The plan that I'm on would be \$600 per month. I feel with the plan that I have, I'm pretty covered. I pay \$5 per prescription for most prescriptions, and I'm paying \$15-\$30 for my doctor's visits per month, so that's pretty good."

-Tina, a Covered California enrollee and personal care assistant from Humboldt County. Tina currently receives a plan for \$0 per month, and would see her premium costs increase by \$123 without the extension of the enhanced tax credits.





Endnotes

- 1 Centers for Medicare & Medicaid Services, Assistant Secretary for Planning and Evaluation, Office of Health Policy. (2024). Health Insurance Marketplace: 10 Years of Affordable Private Plan Options. https://aspe.hhs.gov/sites/default/files/documents/00d1eccb776ac4abde9979aa793e2c7a/aspe-10-years-of-marketplace.pdf
- 2 Centers for Medicare & Medicaid Services (2025). Marketplace 2025 Open Enrollment Period Report: National Snapshot. https://www.cms.gov/newsroom/fact-sheets/marketplace-2025-open-enrollment-period-report-national-snapshot-2
- 3 Johnson, H., & Mejia, M. C. (2024, March). Rural California. Public Policy Institute of California. https://www.ppic.org/publication/rural-california/.
- 4 Urban and rural designations were taken from the Centers for Medicare & Medicaid Services Rural-Urban Index. Per capita income estimates were taken from 2022 Bureau of Economic Analysis personal income data:
- Centers for Medicare & Medicaid Services. (2024). Fee Schedules General Information. https://www.cms.gov/medicare/payment/fee-schedules.
- Bureau of Economic Analysis. (2024). Personal Income by County and Metropolitan Area, 2022. https://www.bea.gov/data/income-saving/personal-income-county-metro-and-other-areas.
- 5 Turrini, G. et al. (2021, July 9). *Access to Affordable Care in Rural America: Current Trends and Key Challenges*. Assistant Secretary for Planning and Evaluation, Office of Health Policy. https://aspe.hhs.gov/sites/default/files/2021-07/rural-health-rr.pdf.
- 6 Congressional Budget Office. (2022, January 31). *Price and Wage Growth in Rural Areas* [Letter to Congressional Committee on the Budget]. https://www.cbo.gov/system/files/2022-01/57794-Smith.pdf.
- 7 California Health Care Foundation. (2021, March 5). *California Health Care Almanac: California Physicians: A Portrait of Practice*. https://www.chcf.org/wp-content/uploads/2021/03/PhysiciansAlmanac2021.pdf.
- 8 A map of counties included in the Northern and Eastern rating regions can be found below. Northern Counties refers to rating region 1 and Eastern Counties are in rating region 13: https://www.coveredca.com/pdfs/2024_CCSB_Network_Summary_QHP_QDP_Plan_Offerings.pdf.